

Confessions Of A Mommy Playgroup Reject By Jenny Heitz on Sane Moms

Description

It's been almost ten years since my daughter was born, and a lot has happened. But, one of the things that still stands out for me from the early days of motherhood is my first experience with a playgroup.

Motherhood did not come easily to me. I was 33 when Anna was born (the first of my friends to have a baby), and I ended up with some bad post partum depression. I didn't really emerge from my hopeless depressive fog until about six months had passed. At that point, Anna was a very cute, tiny, and crabby baby who seemed to need a lot of stimuli. So, I took her to one of those Mommy and Me type classes in West Hollywood.

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