

Iâ€™m guest blogging today at Mamapedia!

Description

“When Moms Verbally Attack Each Other We All Lose” [Mamapedia Voices](#)

Competition among moms starts the minute we have our first child. Did you have a natural delivery or C-section? How much weight did you gain? Sometimes these questions are asked before the most important question of all: How are you and the baby doing?

The competition heats up when our babies reaches the infant stage. The topics available for moms to attack each otherâ€™s parenting choices are endless. Breast fed or formula fed? Cloth or plastic diapers? Homemade or store bought baby food? Organic fabrics or synthetics?

Iâ€™ll never forget sitting in the park when my daughter was about a month old. Feeding her a bottle, talking to a friend, a mom we didnâ€™t know approached us. She interrupted our conversation to inform me that I was holding the bottle wrong and my baby might be taking in too much air. I calmly asked if she was a doctor. Of course she wasnâ€™t. She was just a know-it-all-mom looking to put down a new mom. I ignored her and kept talking, confident my daughter would survive.

Itâ€™s a mystery to me why moms compete with each other endlessly, openly criticizing other momsâ€™ friends and strangers alikeâ€™ over parenting decisions big and small. Itâ€™s mean and hurtful. Itâ€™s all about the “right” choices or the “best” way to parent. Of course, the “right” way is always the method used by the mom dispensing the advice. Iâ€™ve never heard someone say, “I learned the hard way, my obsession with designer baby clothes drained our family budget and didnâ€™t really make a difference.” It just doesnâ€™t happen that way.

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