

Creating A New Family Tradition To Honor My Late Mother: Hoppinâ€™™ John For New Yearâ€™™s Day on MomsLA

Description



Hoppinâ€™™ John Ingredients

When my daughter was born 11 years ago, I felt strongly that I needed to create a new family tradition to honor my mother who died when I was nineteen. But, what could I do that would be a tribute to her at the same time it celebrated our new family? Food immediately came to mind.

Once I decided to use cuisine as a way to remember my mom and introduce her heritage to my children, I needed to find the perfect dish that would accomplish this complicated goal. My mom was African American, born and raised in Joplin, Missouri. She was Southern, but loved Los Angeles, where I grew up.

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Date Created

December 28, 2011

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